

Ottawa Sportsmen's Club

Junior Shooting Sports Camp

Camp Agenda

Monday:

- 9:00am – 11:00am at Clubhouse: Introduction to the camp
Shooting as an athletic event
Safety session plus range rules
Position rifle shooting techniques
Warm up exercises
- 11:00am – 12:00pm at Range Bench rest sight alignment and trigger push
Bench rest dry fire and live fire
- 12:00pm – 12:45pm Lunch and recreation
- 12:45pm – 4:30pm at Range Rifle – Standing Position
Rifle – Kneeling Position
- 4:30pm – 5:00pm Range/Clubhouse Cleanup on range
Review – Safety and shooting fundamentals

Tuesday:

- 9:00am – 10:00am at Clubhouse Position rifle shooting techniques
Safety session and warm up exercises
- 10:00am – 12:00pm at Range Rifle – Standing Position
Rifle – Kneeling Position
- 12:00pm – 12:45pm Lunch and recreation
- 12:45pm – 3:45pm at Range Kneeling – Position
Sitting – Position
Prone – Position
- 3:50pm – 4:30pm at Range Mini-Rifle Match
- 4:30pm – 5:00pm Range/Clubhouse Cleanup on range
Review – Safety and shooting fundamentals

Wednesday:

- 9:00am – 10:45am at Clubhouse Basics of pistol marksmanship
Pistol shooting fundamentals
Pistol equipment familiarization
Safety session and warm up exercises
- 10:45am – 12:00pm at Range Bench rest sight alignment and trigger push
Bench rest dry fire and live fire
- 12:00pm – 12:45pm Lunch and recreation

12:45pm – 3:50pm at Range	Pistol Practice – Standing 2 hands at 25yds Pistol Practice – Standing 1 hand at 25 yds
3:50pm – 4:30pm at Range	M1 Garand and AR15 shooting
4:30pm – 5:00pm Range/Clubhouse	Cleanup on range Review – Safety and shooting fundamentals

Thursday:

9:00am – 10:00am at Clubhouse	Basics of Pistol Marksmanship Pistol shooting fundamentals Safety session and warm up exercises
10:00am – 12:00pm at Range	Pistol Practice – Standing 1 hand at 50yds
12:00pm – 12:45pm	Lunch and recreation
12:45pm – 1:30pm at Range	Pistol Practice – Standing 1 hand at 50yds
1:30pm – 3:45pm at Range	Pistol Practice – Timed Fire 1 hand at 25 yds Pistol Practice – Rapid Fire 1 hand at 25 yds
3:45pm – 4:30pm at Range	Mini–Pistol Match
4:30pm – 5:00pm Range/Clubhouse	Cleanup on range Review – Safety and shooting fundamentals

Friday:

9:00am – 10:00am at Clubhouse	Marksmanship basics review Match procedures and safety Safety session and warm up exercises
10:00am – 12:00pm at Range	“600” Pistol match
12:00pm – 12:45pm	Lunch and recreation
12:45pm – 3:30pm at Range	“400” Four Position Rifle Match
3:30pm – 4:00pm	Break/recreation
4:00pm – 5:30pm at Trap Range	Introduction to shotguns Shotgun shooting fundamentals Trap range rules and etiquette Practice shooting hand thrown clay pigeons
5:30pm – 6:30pm at Clubhouse	Potluck dinner with family.
6:30pm – 8:30pm at Trap Range	Trap range shoot for students
8:30pm – 9:00pm at Clubhouse	Certificates and awards presentation Cleanup
9:00pm – ALL DONE – Let’s go home...	